Arpeggio Practice Guidelines – Sharon Gilchrist

Take each arpeggio through these 3 steps one at a time starting with A7, then D7 and then E7.

1 - "Mapping the Arpeggio"

Play the arpeggio ascending and descending across all 4 strings. Always start and end on the lowest "root" or "tonic" you can find for the chord. Say the chord tone number and note name out loud. ex: "1 is A, 3 is C#, 5 is E, 7 is G natural".

2 - Practice the arpeggios 2 strings at a time.

First, give yourself a reminder of what the notes are for that arpeggio on the two strings. Say the chord tone numbers and note names out loud again.

3- Then put on the rhythm track for that chord and improvise using only the arpeggio tones on those 2 strings.

Repeat on the next set of two strings and so forth.

Once you have done this email me for the next step which is improvising 2 strings at a time over alternating chord rhythm tracks (A7/D7, A7/E7, D7/E7).